

# November 2014



## CALENDAR

November 5 ~ Senior Dinner 6pm  
November 6 ~ Italian Cooking class  
November 11 **CLOSED Veterans Day**  
November 17 & 18 AARP Driver Safety Class  
November 18, 21 & 22 Teen Commission meeting  
November 20 & 21 AARP Driver Safety Class  
November 21 Winter Taffy / Bingo  
November 22 Senior Night Out  
November 24 YO meeting  
November 27 & 28 *Closed - Happy Thanksgiving*

### Senior Monthly Dinner **'Thanksgiving Supper'**

Bring a dish to pass

Barber Shop Quartet Music  
~ The Post Men ~

First Wednesday of the month  
November 5, 2014 6:00 pm



### AARP Defensive Driving Class

November 20 & 21 ~ 12:30 - 3:30 pm

November 17 & 18 ~ 5:30 - 9:00 pm



Fee: \$20 for AARP Members  
\$25 for Non-members

Call/stop in to register for classes  
562-8443 ext 303

### Italian Cooking Class

with MaryAnne Holleran

Thursday, November 6, 2014

6:30—8:30 pm

Cost \$20 / person

**MENU:**

Baked Ricotta w/lemon & herbs  
Fettuccine w/ Pumpkin Sage Sauce  
Poached Pear & Walnut Torta  
Space is limited; call office to sign



## Youth Programs:

### Senior Dinner

November 5 ~ 5:00 pm

### Teen Meeting

November 18 - 5:00 pm

November 21 - 4:00 pm Set up 'Senior Night Out'

November 22 - 'Senior Night Out' 6-10pm

### YO Meeting

November 24 - 5:00 pm

### Winter Taffy

November 21 5-7pm 'BINGO'

Now Accepting applications for Summer Taffy 2015

Volunteer Opportunities Available

Youth Dept. : 562-8443 ext 307



## ★ ★ 19th Annual Senior Night Out



Saturday

November 22, 2014

7-9pm



Music by DJ Paul & Jean McCormick  
Dancing, Refreshments, & Door Prizes  
Sponsored by the Big Flats Teen Commission

## Holiday FOOD DRIVE



Donations to benefit the Big Flats Food Pantry  
Non-perishable food and personal toiletry  
items accepted.

"Building a better **COMMUNITY** by fighting  
**HUNGER** today."

## ☘ Christmas Concert & Sing Along

Music by Pat Kane & West o'Clare  
Wednesday

December 17, 2014

7:00pm

Big Flats Community Center

Tickets \$10/each

Available at the Community Center Office



# November 2014



## Exercise Classes:

### Dance with Tracy Wigley:

#### Intermediate Latin Dance

Mondays 6:30-7:30 pm / Fee: \$15 per class

#### Tango

Mondays 7:30-8:30 pm / Fee: \$15 per class

#### Kids Ballroom & Latin Dance Level 2

Mondays 4:00-5:00pm / Fee \$10 per class

#### Kids Ballroom & Latin Beginners Level 1

Thursdays 4:00-5:00pm / Fee \$10 per class

#### Group Performance Class

Thursdays 6:30-7:30 pm / Fee: \$15 per class

#### Social Dance

Thursdays 7:30-8:30 pm / Fee: \$15 per class

### Bone Builders

Tuesdays/Thursdays 10:00-11:00 am

Call Cornell Cooperative Extension 734-4161 to register.

(doctor's release and paperwork required for new participants)

### Flexibility Exercises

(using chairs for balance)

Mon/Wed/Fri 10:30-11:30 am

### 'Gentle' Yoga-Karen Clark Romans:

Tuesdays 6:00-7:00 pm

Thursdays 6:00-7:00 pm

Fee: \$42/6 classes; \$10 Drop-in

### Zumba with Vicki Rossettie:

Wednesdays 7:30-8:30 pm

\*Thursdays 12:30-1:30 pm

Fee: \$42/6 classes; \$9 Drop-in

### Zumba with Amanda Wylie:

Mondays 5:15-6:15 pm

Thursdays 5:15-6:15 pm

Fee: \$25/6 classes; \$5 Drop-in



## Eat Well, Live Well Lunch

Mon./Wed./Thurs.

Lunch 11:30 am

Suggested donation \$3

Sponsored by:

Office of Aging & Long Term Care

Please call 737-5520 one day in advance for reservations

Monthly Menus available in Lobby



## Creative Hands:

### ART:

#### Tuesday Painting

Tuesday 1-4 pm

BYO Project



#### Portrait Workshop

Wednesday 1-4 pm

\$8.00/Class

#### Ceramic Painting

Monday 12-3 pm

### Sewing / Knitting:

#### "Senior Sewing"

Wednesday 9-Noon

BYO Project

Instruction available



#### "Knit 'n Knots"

Friday 9-Noon

BYO Project.

Instruction available

## Card Games:

Monday: BRIDGE

Tuesday: The Players / Bridge

Wednesday: EUCHRE

Friday: PINOCHLE

12:30-4:00 pm

Come and play!

All are Welcome!



The **Bright Red Bookshelf** provides **FREE** books.

Look for the **Bright Red Bookshelf** in the outer lobby and take a book or two for the children in your life. Book donations accepted in the office.



The red rolling book cart has books for adults available to the community for free. Please feel free to take a book and/or donate a book back.

Available in the outer lobby.



## Big Flats Community Center

476 Maple St. Big Flats, NY 14814

607-562-8443 x. 303

5DD-711

communitycenter@bigflatsny.gov

Office Hours 8am - 4pm

Website: [www.bigflatsny.gov](http://www.bigflatsny.gov)